

# STMA Women of Today



## Piecing It All Together

St. Michael – Albertville Women of Today  
2010 - 2011

April 2011



### President Letter

Peggy Kaufman

Welcome our newest members: Rachel, Bobbi, Jill, Emily, Chris and Nancy! WOW. This is very exciting for our chapter. It has been a very busy last few weeks with all of the fun events that have been hosted. You can feel the excitement and enthusiasm!

As I wrap up my year as president I want to thank everyone in helping it be successful for the chapter. We all pulled together, learned new skills, did many new projects and friendships were formed. Board members you were so awesome to work with and I won't forget all the fun and laughs that we shared.

Please let's keep the momentum going as we head into the new year.

The year end banquet is scheduled for Thursday, April 28, 6:30 pm at Lynn's house. The theme will be Mexican. So feel free to dress the occasion. This will be a time we will be celebrating our successes for the year along with a few other surprises! You won't want to miss. Please RSVP to me if you have not already.

Thank you again for letting me serve you and this chapter! STMA WT ladies you rock!

In Friendship –  
*Peggy*

### CRAFTERS CHAIR NEEDED

We are in need of a fall Crafters chairperson. Unfortunately Amy and Emily are unable to do it. Please contact Peggy ASAP so we can get things rolling. This is our biggest fundraiser of the year—so if we don't have a crafters chair person, it will be pretty difficult to do a craft show. The goal is to have the applications go out in May before the Memorial Holiday.

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# Year-End Banquet !!!Fiesta!!!

**When:** Thursday April 28, 2011  
6:30pm

**Where:** Lynn's House 617 Lincoln Drive, St. Michael

**Who:** STMA Women of Today Members

**What:** Celebrate the 2010 Year!!!



**Mexican Theme:** food is provided. Please bring fun drinks if you wish. Feel free to dress the theme otherwise casual attire is fine.



## Bike Rodeo

The Bike Safety Rode is May 7, 2011 from 10:00am-1:00pm at St. Michael City Hall. STMA WT has been asked to volunteer the day of the event. It is a busy crazy day that day but even an hour or two would be much help. Here is what they are looking for:

- 8am-10am Set up
- 10am-1pm Helmet fitting and bike games
- 1pm -3pm Clean up

In addition STMA WT will be purchasing 2 bikes for the drawing. I think I may have talked Wells Fargo into purchasing one as well! The bikes will have a tag on them stating that they were donated from STMA WT. Please let Heidi know by May 2nd if you are interested in helping out.



## STMA WT April 12, 2011 Minutes

Attendees: Peggy, Wendy, Candi, Nancy, Amy, Beth, Beth, Carol, Julie, Lisa, Sheila, Lori, Candyce, Kris, Jenny, Heidi, Meredith, Kathy, Lisabet, Dee, Laurie and Lynn.

Call to order 7:02pm

Pledge of Allegiance recited led by Nancy

MN Women of Today Creed recited led by Beth L.

Three guests: Stacy, Rachel and Bobbi. Guest speaker: Aaron Thomas with Rotary Club. Aaron spoke about STRIVE, a program to help students succeed. They are looking for volunteers to be presenters or helpers there are two meetings a month for this program.

A quorum was established with 22 members present. March minutes were approved as written in the newsletter.

Checking balance \$2,768.40 savings \$11,291.87. Donation Requests: M/S/P (Lynn/Candi) "I move that we take \$207.17 from the Membership VP budget and \$293.77 from the M-event budget for the next 2011-2012 years member discount budget of \$10 per member."

M/S/P (Lynn/Candi) "I move that we take \$100 from PDC nomination budget and \$100 from PDC donation budget to cover the food for the year-end banquet"

M/S/P (Lynn/Julie) "I move that we donate \$500 for MSU&MSE to help with their Courage retreat"

M/S/P (Lynn/Candyce) "I move that we donate 1 girl and 1 boy bike not to exceed total of \$200 for the grand prize for the Buffalo Hospital Bike Rodeo"

M/S/P (Lynn/Kris) "I move that we take \$112 out of shirt budget to cover shortage in Int. Misc budget."

The Audit committee is one outgoing board member -Candyce, incoming board member- Beth and one general member- Carol.

Elections 2011-2012 continue. M/S/P (Lisabet/Kirs) "I move that we accept Nancy as secretary and Jenny as programming VP board members for 2011-2012."

We still have no president. It has been decided that past presidents will take a trimester and be president. Lisabet will take 2<sup>nd</sup> Tri and Kris G will take 3<sup>rd</sup> Tri, we still need a 1<sup>st</sup> Tri president.

Candi gave a recap on new member orientation that took place on 4/6/11. Lisabet gave a recap on Learn A'latte where 2 new members joined. Beth provided a recap of Spa night. A pedicure social is scheduled for 4/13/11. Murder Mystery Social is 4/21 still need parts to be filled.

Year end nomination forms are due to Peggy.

There are 3 LPM positions still open. Peggy is forming a social media subcommittee.

Lori is submitting our food perspective forms. Lisa has raffle tickets for the finance committee.

Kris needs more names for adopt-a-family. Candyce gave a recap on clutch for a cause, Lynn still has a box at her store and is collecting. March of Dimes walk for babies is 5/7 9am is registration. Fall craft show chair needed. Amy volunteered herself and Emily.

Candi gave a recap on Sr. scholarships and said that we normally do 4 a year, but this year there were 5 outstanding candidates and the committee could not narrow it down. Candi made a motion to award 5 this year. Lynn pointed out that 4 was in the budget and we need to stick to the budget. There was discussion about how other budgeted items get changed and this should be no different and this is for the kids of our community. There was a secret ballot. M/S/P (Candi/Carol) "I move that we take \$500 from external misc for one more Sr scholarship"

Annual convention deadline is 5/4.

Spotlight winner is Julie D and Member of the Month is Lisabet. Mystery Box winner is Meredith. Serves you right winner is Julie Wells who was absent so the pot stays for next week. LPM of the Tri is Kris G. and Certifications for the Tri is Peggy. Year-End banquet is at Lynn's house 4/28.

Two new members joined: Bobbi and Rachel.

US Women of Today Creed recited and led by Heidi.

Adjourn 9:10pm

# April 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 Board	6 Orien- tation	7	8	9
10	11	12 General Mtg	13 Pedi- cures	14	15	16
17	18	19	20	21 Murder Mystery	22 Good Friday	23
24 Easter	25	26	27	28 Ban- quet 6:30	29	30

## Schedule of Events

**April 10-16:** Volunteer Week

**April 21:** Murder Mystery

**April 28:** Year End Banquet

6:30 Lynn's House

Welcome our newest members

Nancy

Chris

Emily

Jill

Rachel

Bobbi

## March of Dimes Walk May 7th

Hi Ladies! I wanted to let everyone know that you can now sign up online to join our STMA WT team for the March for Babies Walk. It will take place

Saturday  
May 7th  
Monticello  
9:00am Registration  
10:00am Walk

To sign up you can go to [www.marchforbabies.org](http://www.marchforbabies.org) and our team name is STMA WT or you can go to

[www.marchforbabies.org/team/tl534000](http://www.marchforbabies.org/team/tl534000)

I'll pass along more information as the date gets closer. I just wanted to let everyone know the group is up there if you wanted to do any fundraising. It is very easy to do on this site. They even have the emails already written for you to send, as well as a "ticker" type thing for your facebook page.

Thank you! Evan and I can't wait to see everyone at the walk!

Amy!

For those of you that missed the

March general meeting, Amy shared her story of her son Evan. He was born very early and had many struggles. The March of Dimes was helpful to Amy and her family on this journey.

Come on ladies put on your walking shoes for babies!!



# May 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Board	3	4	5	6	7 March of Dimes Walk
8 mother's day	9 General Mtg	10	11	12	13	14
15	16	17	18	19	20 convention	21 convention
22	23	24	25	26	27	28
29	30	31				

## Schedule of Events

**May 7:** March of Dimes Walk

**May 20:** Convention

**HAPPY BIRTHDAY**

May 21st Meredith

May 30th Sherri

March Award Winners

**Member of the Month:** Lisabet

Spotlight: Julie D

Mystery box: Meredith

LPM of Trimester: Kris G

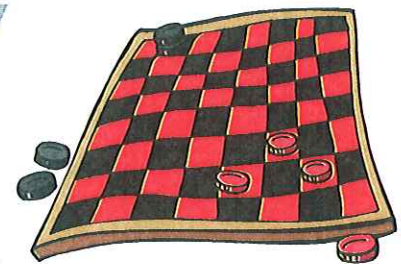
Certification Drawing: Peggy K

Secretary Drawing: Beth P

## Convention—The Games People Play May 20-22

Annual Convention May 20-22nd at Jackpot Junction Casino Hotel

We will be celebrating 3rd trimester accomplishments and the 2010-2011 accomplishments also.... We have 2 rooms reserved for each night. Please let Candi know if you have any questions or are interested in attending by May 1st. The group will be leaving Friday and getting home around noon on Sunday.  
Testa4now@charter.net or 497-5057.



### Albertville Friendly City Days—June 10-12th DUNK TANK!

This year WT will be hosting a dunk tank on Saturday June 11th at the Albertville Fire Hall. All our proceeds will go to the Albertville Fire Department. I am looking for volunteers to be IN the tank and to also help out with the tank. Look for a sign up sheet at the next meeting. The tank will be running from 11am—1pm or until we run out of business! The fire guys said they will be willing to go in the tank as well!!! OOhhh lala-la!!!

*5 Short - Simple Phrases  
that transform and strengthen relationships*

Everyone has heard the slogan "Sticks and stones may break my bones, but words will never hurt me." The truth is...words are among the most powerful forces on earth. Words can and do hurt. A few mis-spoken words by a corporate executive could turn off an entire company. A few mis-spoken words by a husband or wife could destroy a marriage. And a few mis-spoken words by a politician could start a war. A few mis-spoken words said at a meeting or in an email, without much thought to the "big picture" consequences, can destroy a chapter.

The good news is...words can also be the source of great good. Words can motivate employees, build up relationships, and even make us think, wonder and laugh. The great news is....there are three little words you can use to start new relationships, deepen old ones, and even restore those that have cooled off over time. And it doesn't matter if you use these three little words on your co-workers, your customers, your spouse, kids or friends; they will enrich every one of those relationships.

**I'll be there.** You are giving the gift of support, encouragement, and peace of mind. The same principle applies to our organization. People are looking for leaders who say...by their words..."I'll be there"...and then by their actions show...they are indeed there for them.

**I miss you.** This powerful affirmation tells partners they are wanted, needed, desired and loved. This can also be said to when members miss meetings and events.

**I respect you.** There are two sides to respect – showing it and earning it. John Wooden often told his basketball players to make "respect" a reality, "Consider the rights of others before your own feelings, and the feelings of others before your own rights."

**Please forgive me.** Fact it. Everybody makes mistakes. Everybody makes a mess of things once in a while, and every one of us has a few faults and shortcomings. And yet, many people find it very difficult to admit their mistakes and take responsibility for the damage they've caused. They see it as a sign of weakness... when in reality, it is a sign of strength. When you say, "please forgive me", you're owning up to the fact you were in the wrong, and in the process of owning up, you're also saying "I'm wiser today than I was yesterday."

**I'm open to..."I'm open to hearing your side."** This is a great phrase for diffusing an argument and restoring frayed emotions. Instead of coming across as rigid and closed minded, which almost always makes the other person more rigid and closed minded as well, you come across as reasonable and flexible. Sometimes we need to agree to disagree, and put the chapter and its needs first, over being "right".

## E-mail Etiquette

Whether I like it or not this internet thing is not just a fad and probably won't be going away anytime soon. One thing that I have learned over these last several months is communicating over the internet can be very sensitive and challenging. It is important that whether for business or personal use that you follow the basics of email etiquette. By doing so you will be a joy to communicate with while being perceived as a caring and intelligent human being. I did edit this from 101 guidelines down to a more reasonable number.

The rules of email etiquette are not "rules" in the sense that I will come after you if you don't follow them. They are guidelines that help avoid mistakes (like offending someone when you don't mean to) and misunderstandings (like being offended when you're not meant to). These core rules of email etiquette help us communicate better via email.

### **Sending Emails**

1. Make sure your e-mail includes a courteous greeting and closing. Helps to make your e-mail not seem demanding or tense.
2. Address your contact with the appropriate level of formality and make sure you spelled their name correctly.
3. Spell check - emails with typos are simply not taken as seriously.
4. Read your email out loud to ensure the tone is that which you desire. A few additions of the words "please" and "thank you" go a long way!
5. Be sure you are including all relevant details or information necessary to understand your request or point of view. Generalities can many times cause confusion and unnecessary back and forths.
6. Are you using proper sentence structure? First word capitalized with appropriate punctuation? Multiple instances of !!! or ??? are perceived as rude or condescending.
7. If your email is emotionally charged, walk away from the computer and wait to reply. Review the Sender's email again so that you are sure you are not reading anything into the email that simply isn't there.
8. Refrain from using the Reply to All feature to give your opinion to those who may not be interested. In most cases replying to the Sender alone is your best course of action.
9. Never assume the intent of an email. If you are not sure -- ask so as to avoid unnecessary misunderstandings.
10. Just because someone doesn't ask for a response doesn't mean you ignore them. Always acknowledge emails from those you know in a timely manner.
11. Be sure the Subject: field accurately reflects the content of your email.
12. Don't hesitate to say thank you, how are you, or appreciate your help!
13. Keep emails brief and to the point. Save long conversations for the old fashioned telephone.
14. Always end your emails with "Thank you," "Sincerely," "Take it easy," "Best regards" - something!
15. Stay away from fancy-schmancy fonts -- only the standard fonts are on all computers.
16. Use emoticons sparingly to ensure your tone and intent are clear.
17. Typing your emails in all small case gives the perception of lack of education or laziness.
18. Refrain from using multiple font colors in one email. It makes your email harder to view and can add to your intent being misinterpreted.
19. Include addresses in the To: field for those who you would like a response from; addresses in the Cc: field for those who you are just FYI'ing.
20. Don't forward emails that say to do so--no matter how noble the cause may be. Most are hoaxes or hokey and may not be appreciated by those you send to.
21. When forwarding email, if you cannot take the time to type a personal comment to the person you are forwarding to--then don't bother.
22. Be careful when forwarding email on political or controversial issues. The recipient may not appreciate your POV.
23. Choose your email address wisely. It will determine, in part, how you are perceived.
24. Even though it isn't right; emails are forwarded to others. Keep this in mind when typing about emotional or controversial topics.
25. When there is a misunderstanding by email, don't hesitate to pick up the old fashioned telephone.
26. If any email states to forward to all your friends, or just 5 people -- do everyone a favor and just hit delete!
27. And finally ... **Type unto others as you would have them type unto you!**

101 Email Etiquette Information Tips

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In Friendship,

Stacy Coughlin

USWTSecretary

Something Wonderful has Sprouted

# WARM AND FUZZIES

Peggy! You were an awesome President and made serving on the board fun! ~ Sheila

C U in the dunk tank Candyce and Sheila ~ Candi

Candi-U first! ~ Sheila

Everyone's welcome to stop by—I am having a trunk show open house Friday May 13th from 7-9pm. There will be headbands and flower pieces for your hair, leather belts and buckles and fancy pocket jeans. Stop by and take a look or stop by for a treat and drink! Hope to C U then ~Candi Testa.

2010-2011 it was a pleasure serving a term with you all! ~ Sheila

## Messages from Peggy!!

Amy, congratulations on your pregnancy!

Emily –welcome and way to go coupon Queen! Can't wait for you to teach us a think or two!

Jill, It was great chatting with you and learning more about you!

Lori, Thank you for your persistence with Food Perspectives.

2010-2011 Board: THANK YOU again for an awesome year. Couldn't have done it without you!

Beth P Congrats on your State Secretary position

Kathy H Congrats on your DD position

Sheila great job on the newsletter this year.



Seriously is it Spring yet????????

STMA Women of Today  
Po Box 135  
St. Michael MN 55376  
1-800-340-9817  
Meet 2nd Tuesday of the Month at  
Lake Community Bank Albertville