
NEWSLETTER OF THE STMA Women of Today

May 2022

Volume 1

www.stmawt.org



Dear members,

It was a great first meeting! I am so excited to take on this role as president for the STMA Women of Today! Thank you for your support. I was asked to come up with a theme for this coming year and all I kept thinking about was "Change". A quote from Maya Angelou: "If you don't like something, change it. If you can't change it, change your attitude."

This quote to me means so much and I think all of us can relate. I love change, but it can be scary, it's the unknown, the unexpected or what do I do now??

My hope is to get out of the "that's the way we've always done it" mode. Let's try something new. Its not about changing everything. We have a huge change in board members this year, new craft show officers, let's take advantage.

Could we fail? Sure. Could we win? Sure. Let's celebrate the wins and learn from the fails!

Good luck Julie! Can't wait to see you back in MN.

~Sherri

Open Local Program Manager Positions

These are all of the LPM positions this year. Consider filling a position that is open, or talk to the current LPM of an area to learn more about how you can support the chapter!

Crescent Cove Priority Area (open)

Program to encourage involvement with Crescent Cove. Crescent Cove offers care and support to children and young adults with a shortened life-expectancy, and to their families who love them. Around the United States, there are over 4,700 hospice homes for adults; the Crescent Cove Respite & Hospice Home for Kids is Minnesota's first and only home designed just for children and their unique needs, and just the third of its kind in the United States. A vibrant and joyful home-away-from home, our goal is to help families feel Embraced, Assured, and Celebrated. 2021-2022 will be the first year for the MNWT three (3) year priority area.

Community Connections (open)

Program to encourage involvement in their local community, (e.g. food shelf, a civic project, senior citizens, adopt-a-family, etc.) Promotes Friendship Ventures, the Outstanding Person with Developmental Challenges Award, Community Connection Awards, and national programming areas that do not fall under a MNWT programming area.

Women's Wellness (open)

Educate members on current health issues; support a foundation dealing with women's health; promote the March of Dimes March for Babies.

Youth of Today (open)

Promotes ideas and activities that allow youth to discover and experience the importance of volunteering. Also promotes the OYA program, Kids Week, and foundations related to youth activities.

Records and Recognition (Bobbi) someone can take over if interested

Program to encourage good recordkeeping for chapter projects; project recognition; mid-year and year-end entries; Projects of the Trimester; and Success.

Let Cindy or Sherri know if you are interested in any of the open Local Program Manager positions.

CHINESE COLE SLAW

From the kitchen of Jan C

1 Head of Napa Cabbage
6 Scallions
¼ Cup Butter
Sesame Seeds, ½ Cup Slivered Almonds
2 packages Ramen Noodles (do not use seasoning package)

Dressing:

¼ Cup Sugar
1/8 Cup Apple Cider Vinegar
1 T Soy Sauce
½ Cup Vegetable Oil

Directions:

Make Dressing first. Mix all ingredients in a saucepan and cook over low heat – stir frequently. When Sugar is dissolved, turn off heat and cool in a separate bowl.

Chop Cabbage and Onion (including the green tops). Slowly saute the Seeds, Almonds and Ramen Noodles (break up noodles while still in the package). Cool and add to Cabbage.

Pour Dressing over salad right before serving.

If making this ahead of time, put onions and noodles in their own separate containers and add right before serving.



Thank you Kathy for planning the Year End Banquet! Lori G

Congrats Kris G for winning the “serves you right” at the banquet! Lori G

Congrats/thank you to the new board-it’s going to be a great year! Lori G

Ham and Swiss Rolls

From the kitchen of Lori G

2 packages Kings Hawaiian Rolls

1 lb thin sliced ham

8 oz Swiss cheese slices (thin)

½ cup melted butter

2 tsp onion flakes

1-1/2 tsp dry mustard

1-1/2 tsp poppy seed

1-1/2 tsp Worcestershire sauce

Stir together: butter, onion flakes, dry mustard, poppy seed, and Worcestershire sauce. Set aside. Slice the rolls in half. Place bottoms in a 9 x 13 pan. Top with ham and cheese slices. Place the top half of rolls on top. Pour the butter mixture over all rolls. Bake for 15 minutes at 350 degrees. Enjoy! (Store leftovers in refrigerator.)



"Dreaming, after all, is a form of planning."

~ Gloria Steinem

St. Michael-Albertville Women of Today

2021 - 2022 Donation Recap

Flags at Fort Snelling	\$110.00
Anna Marie's Shelter	\$52.00
Crescent Cove	\$322.00
STMA Girls Basketball Sponsorship	\$200.00
Rivers of Hope	\$350.00
STMA Robotics	\$250.00
STMA Drama	\$250.00
FYCC Bronze Sponsorship	\$660.00
Sheridan Story Meal Sponsor	\$250.00
Nature for Kids	\$250.00
Holiday Adopt a Family	\$500.00
Albertville Primary	\$125.00
Big Woods	\$125.00
Fieldstone	\$125.00
St. Michael Elementary	\$125.00
Middle School West	\$250.00
Middle School East	\$250.00
STMA High School	\$500.00
STMA Senior Grad Party	\$100.00
St. Michael Catholic Schools Bids for Kids	\$150.00
St. Michael Fire Department	\$400.00
Albertville Fire Department	\$400.00
GRRL Summer Reading Program	\$500.00
MNWT Foundation	\$300.00
STMA BPA	\$200.00
FYCC Bunny Fest	\$500.00
Hanover Food Shelf	\$400.00
Crow River Senior Center	\$250.00
Albertville Friendly City Days	\$383.18
Total Donations	\$8,277.18



St. Michael-Albertville
 Women of Today
 Year End Banquet Agenda
 DATE: 27 April
 Call to Order @ 7:20 pm

Pledge of Allegiance: Jan Cera

MN Women of Today Creed: Cindy McCarty

We, the Women of Today, are Service, Growth, and Fellowship. We believe that through us great lessons can be learned, worthy deeds performed, and a hand of fellowship extended to millions of women everywhere. May we leave the world a better place because we lived and served within it.

Members Present: Chris Bacon, Jan Cera, Abbi Baker, Becky Andreasen, Kathy Hansen, Kris Goodin, Michelle Skrypec, Sandy Greninger, Cindy McCarty, Lisa Haines, Sara Caron, Robin Johnson, Cheri Zajac, Lori Goutermont, Lisabet Thomas, Chris Hall, Sherri Streff

Awards

Certificates of Appreciation

Robin Johnson - for taking on the Craft Show
 Sara Caron - for taking on Treasurer position
 Jan Cera - for taking on Secretary position
 Cindy McCarty - for taking on projects within her 1st year
 Chris Bacon - for taking on Membership
 Sandy Greninger - for taking on State Delegate
 Sherri Streff - for taking on President position

Serves You Right

We did 7 rounds of collections - \$8.50 collected each time for a total of \$59.50. We finally picked someone that was present - WINNER - Kris Goodin!!

Here are the Members that were picked but were not at the Banquet: Heather Pomeroy, Candi Testa, Susie Lish, Sandi Winnen, Brenda Bauman, Lucy Hopper

Gifts

Each Member present received a gift bag full of goodies

Installation of New/Returning Board Members

State Delegate -- Sandy Greninger
Membership – Chris Bacon
VP Program Managers - Cindy McCarty
Secretary -- Jan Cera
President – Sherri Streff
Parliamentarian – Open

Good & Welfare

Kathy Hansen - Fabulous job on organizing the Banquet
Kathy Hansen - Thanks for all your years of service
Nicole Jockisch - her dad is having heart surgery - keep him in your thoughts

Events coming up:

May 4th @ 5:30 pm - Senior Bingo @ Englehaus
May 7th from 10 am - 2 pm - Bike Rodeo
May 11th @ 3:30 pm - make NICU Blankets - STMA High School

June 15th @ 6:30 pm - put together flower pots - Lion's Park Albertville

LOTS Training for new Board Members - May 7th 9:15 am - 3:15 pm

US Women of Today Creed

We, The United States Women of Today, are dedicated to serving our community and nation, are committed to strengthening our individual talents, and stand united by our friendship and belief in the future.

Adjourn @ 8:13 pm



- May 10, 2022
- Call to Order @ 7 pm Pledge of Allegiance: Sandy Greninger
- **MN Women of Today Creed** – Jan Cera
- **We, the Women of Today, are Service, Growth, and Fellowship. We believe that through us great lessons can be learned, worthy deeds performed, and a hand of fellowship extended to millions of women everywhere. May we leave the world a better place because we lived and served within it.**
- **Orders of the Day/Establish Quorum** – Abbi
 - Members present: 19 Quorum has been Established
 - Kathy Hansen, Julie Davis, Chris Hall, Jan Cera, Chris Bacon, Becky Andreasen, Robin Johnson, Candi Testa, Kris Goodin, Abbi Baker, Lori Goutermont, Patti Weber, Michelle Skrypec, Sherri Streff, Cindy McCarty, Sandy Greninger, Nicole Jockisch, Cheri Zajac and Sara Caron

Sherri

- **Icebreaker** “Why did you come to the Women of Today Meeting? What was it that made you want to join as a member of our group?”
 - Sherri asked several questions regarding Mental Health and prizes were given to:

Sandy Greninger, Robin Johnson, Michelle Skrypec, Jan Cera, Cindy McCarty and Becky Andreasen
 - For more info regarding Mental Health - here are 2 websites:

Nami.org and mnmentalhealth.org
- **Lots Training** 05/07/22 Sara and I went to LOTS training from 9:15-3. 12.5 hours
 - I have folders for parli, VP Programming and State Delegate
 -
- **Open board positions:** Parli – Lisabet did say she would if no one has volunteered by July.
 - Michelle Skrypec will give the position a try

Sandy Greninger will give Michelle the training paperwork
- **Open positions under programming-** Priority Project for Crescent Cove, Youth of Today, Community Connections and Women’s Wellness
 - The position descriptions will be put in the Newsletter
- Sherri will be setting up Mail Chimp account

- Email Setup, Email addresses for each position
- We can use this system to send out Newsletters and keep track of Prospective Members
- Under 5,000 names in database - this is free
- This will make it easier to transfer info, Send out Craft Show info, can be tied to Social Media platforms
- Sherri hopes to get this set up by July

Chris Bacon and Robin Johnson offered to assist

Treasurer – Sara

- Treasurer Report-Sent via email from Nicole
 - Money raised at Tree of Life stated \$340.00 - Sandy Greninger had \$50 more to bring the total to \$390.00
 - MSP (Jockisch/Goutermont) “I move to approve the 2022/2023 Budget as presented at the April General Meeting and April Newsletter”.
- Name changes on the bank account to Sara, Sherri, and Sandy
 - Julie, Kathy and Nicole were taken off the bank account. Sherri, Sara and Sandy were added to the bank account.
 - We had \$100 in a bank account to use for Venmo
 - MSP (Hall/Johnson) “I move to close the Venmo bank account and move it to our checking account”.
 - We were planning to use Venmo for Vendors to pay for the Craft Show on-line.
 - Some Members expressed concerns over the security of using Venmo
 - More discussion at the next Board Meeting
- Donation requests
 - MSP (Jockisch/Davis) “I move that we take \$250 from external miscellaneous to STMA Band Boosters for parade treats, pizza for 8th graders and food for Orchestra pit”.
- Mailbox-Chris B will now pick up the mail, Julie will pass the key to Sandy to give to Chris B

Secretary– Jan

- April Banquet Minutes - these have not been published in the Newsletter yet - will be approved next meeting
- April General Meeting Minutes were approved by Members
- Birthday (s) Lucy Hopper May 3 - sent out
- Sent out Get Well Card for Nicole’s dad who had heart surgery

Parli – Michelle Skrypec is taking on this role

- Bylaws and Policy Review-Abbi will make motion to approve at general meeting
 - MSP (Baker/Davis) “I move that we approve the revised Bylaws & Policies as presented in the April Newsletter”.
- Sandy has offered to take this role on as double duty, Let's brainstorm on how we can work together so that one person is not doing double duty - Michelle took it

State Delegate – Sandy

- Upcoming: Convention 5/20-22, Alexandria MN, Arrowwood Resort; advance registration May 6
 - Chris Hall, Sandy Greninger and Kathy Hansen are going. Still room for 1 more in the hotel room.
- For the May, the state will allow late registration, but cannot guarantee a meal or hotel availability
- National Convention in Duluth June 10-12 (Kathy, Sherri, Abbi, Sandy, & Chris H)
 - Sandy will put flyer with info in the Newsletter

Membership– Chris B

- 1st trimester renewals
 - Chris Bacon, Jan Cera, Julie Davis, Kris Goodin, Chris Hall, Nicole Jockisch, Kimberly Kayler, Sharon Robinson, Michelle Skrypec, Sherri Streff, Lisabet Thomas, Sandi Winnen
 - July 15th is the early bird deadline - hoping to have everyone pay \$50
- Serves you Right Drawing - \$10.00 collected - Winner Sandy Greninger
- Ideas in getting new members-Chris
 - Chris spoke to the Members about getting more people into our Organization - the main way is to invite a friend to check us out
 - Not only invite someone but also bring them to the meeting
 - Suggestions from Members:

Have an email template in Mail Chimp to have a professional looking invite for Prospective Member

Sandy Greninger - get new brochures so that have the correct info on them and you can give them out to people

Chris has gotten inquiries through our Website and she has created an email to respond

We should create a Strategy Committee to increase Membership

Cheri said that she checked out our Website to see what we were all about before joining. It was not up-to-date

- We should create a Communication Committee to deal with this area - discuss at next Board Meeting

Ideas

- Movie event (anytime)
- June 15th @ 6:30 pm - put together flower pots – 4 seasons park in Albertville (Jan)
 - Jan sent flyer around to Members - encouraging everyone to invite people
- Scavenger Hunt date TBD (Chris)
- Cribbage Tournament July 23 (Lisabet)
- Left-Right-Center Game @Sandy's May 15 6:30pm

Recaps

- PEP recap-Sandy -
- Senior Bingo - Sandy
 - Held 5/4/22 5 Members 36 Guests \$0 money spent/collected
44 Service Hours
- Death By Chocolate Recap-Kathy
 - Held 4/21/22 9 members 1 guest \$0 money spent/collected
29 Service hours

Programming VP – Cindy

- Community Connections – open
- Explore parks May 20th - in Albertville - asking Community to come out and enjoy parks. You can enter into a drawing using QR Code
- Advertise at St Michael movie theater-summer movie showcase (waiting for response)
- Sandy talked to the city - we cannot buy our own - must get the benches through the city
 - Cost is either \$500 or \$1500 - they install a plaque
 - We could put a plaque on one of the picnic tables for \$1,000
 - We will discuss at next Board Meeting
- Movie in the Park? Need a chair-Sandy has the equipment

- Best time to hold it is in August
- Hamel Rodeo July 7-10 - Kathy is waiting to hear from Lois
- Coborn's Dairy days? Waiting to hear-Julie follow up
 - No response yet
- Coborn's brat stand – no date yet-Sandy to follow up
- Flags at Fort Snelling registration has opened! Sunday May 29th 6am-5pm Nicole
 - Per Nicole - it is full - no more registrations
- Friendly City Days – Jan
 - Thursday, June 9th - 4:30 - 7 pm - Game Night for Kids
 - Saturday, June 11th - 9 am - 2 pm - Women of Today Booth and game for kids Jan needs people to help
 - More Members volunteered
- Youth of Today – Open
- Sandy – Scholarships 4-\$500 Just need to hand them out
 - Robin Johnson will attend when they hand out the scholarships and get some pics
- Bike Rodeo-9:30 STMA City Hall May 7-Patti Weber Recap if possible
 - Patti to turn in report next month
 - They have a lot of leftover backpacks - will give to Jan for AFCD
- May 11 3:30 STMA High School - NICU blankets at high school (Kathy & Julie)
- St. Michael Daze & Knights Aug 12 & 13th - Open
 - Color Run - Open
- Kids week Aug 15 - Open
- Newsletter - Kris G
 - Items due to Kris by May 15
- R & R - Bobbie F
- Bobbie is not getting a lot of reports, is Anyone forgetting? Or need help getting these completed?

- If anyone is available to take this role on? Bobbie is happy to continue, but maybe someone else is interested in a low-profile role within the group
- Priority Project - Crescent Cove – Open
- Donations Needed for a gift basket for lucky buck or another idea to raise money for the priority project
 - Julie put some stuff in the Shed that can be used for Baskets
 - Robin will create a basket for next Meeting
- Women’s Wellness – Open
- L & L – open
- The tree of life-Julie Recap - no report needs to be turned in
- Upcoming – Book club date changes - Lori will take this over
- April 18, 6:30 Gretchen’s house – The Things We Cannot Say -Recap
- May 25, 6:30 Gretchen’s house – The list change that changed my life by Oliva Beirne

Craft Show Updates - Robin

- Let's continue the conversation on updates
- The show will be here before we know it
- On our website it lists 25 open spots
- New applications will be accepted starting May 20th
 - Need to have a person in charge of all parts of the Craft Show - will discuss at the next Board Meeting
 - The Programing Manager is to hold a meeting before and after the Craft Show - Cindy will take care of this
 - Suggestion was made to have Students create items to sell and they can use the “unsellable” spots
- THURSDAY AT 6:30 PM – 9:30 PM BINGO (ROD Women of Today)
- 12716 Main St, Rogers, MN 55374-9501, United States
- **Good and Welfare**
 - Julie Davis is moving to Atlanta - we will miss her and wish her all the BEST! She is remaining a Member - we hope to have her back in the future!!!
 - Robin Johnson is celebrating her 15th Anniversary of her Heating and Air Conditioning company - High Roads - Congrats!
 - Jan Cera is going on a long vacation to London, Scotland, Norway and Iceland
 - Sandy Greninger is going to Alaska in August - Enjoy!
 - Sara Caron is going to Australia in October to celebrate her 30th Wedding Anniversary - Congratulations in advance!
 - Chris Bacon is going to Greece in June - Safe travels!