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# NEWSLETTER OF THE STMA Women of Today

June 2022

Volume 2

[www.stmawt.org](http://www.stmawt.org)

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If you don't like something, change it. If you can't change it, change your attitude. – Maya Angelou

Dear Members,

What a great general meeting we had. I had a goal to have our meeting run just an hour. It was an hour and 11 minutes. But then I realized by others that it doesn't need to be that. I put the pressure on myself just because the May meeting was so long. I have also realized that I need to look at the agenda before I print it. Google sheets and I are not friends right now. I am using another doc program that I get along with better. That is to ensure things don't randomly disappear and look more readable. Growing pains of change, right? That is another reason I embrace change, hence the theme this year. I learn and grow! I appreciate all the support I am getting from the chapter members. Come to the next meeting in your best Red, white and blue. Let's celebrate Independence day together! Just a thought to leave you with: Change, it can make huge impacts on the simplest of things:

- Change the way you drive to or/and from a familiar place (this could open up a new scenery to look at, it could be a little longer way home or to the office to unwind from work or get you pumped up for the day)
- Change the way you style your hair one day (others may offer a compliment, or you may like the new way)
- Change the way you cook your meat for one meal (bake, grill or saute it you get the idea)
- Change the way you greet someone (say how are you instead of Hello or Vice versa, Top of the morning to you ya, etc)

These may sound silly at first and these are just ideas. But instead of saying "have a good day", I started saying "Enjoy your day", it was different from what others may say, which made a big impact.

Thanks for reading!  
See you next time,  
Sherri Streff



Flowers in the park m-event



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**Need project chairs for:**

Adopt A Highway cleanup

WT Founders Day in July

St. Michael Daze & Knights : Aug. 13th

Movie in the Park: Sandy G has the equipment

**Need LPM's (Local program managers) for:**

Living & Learning

Youth of Today

Crescent Cove (priority project)

Let Cindy M. know if you are interested at  
cindymccarty31@gmail.com

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**District 6 Meeting**

June 30th

Davanni's in Coon Rapids

6:00 pm Dinner on your own

6:30 pm Meeting

Lucky Buck to benefit Crescent Cove

RSVP DD06@mnwt.org



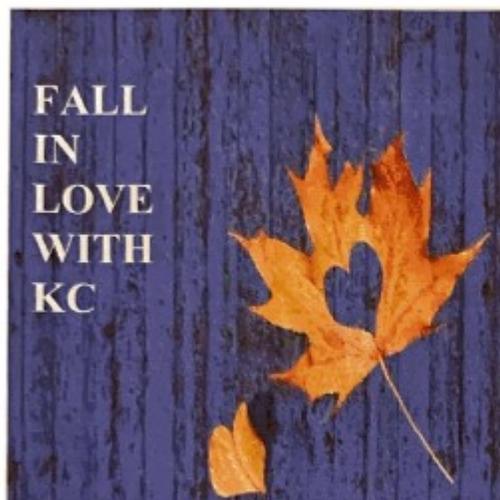
**Left: MNWT Annual Convention**  
**Right: USWT Annual Convention in Duluth**



**USWT Outstanding Local Officer for State Delegate: Kathy Hansen**



**US Women of Today Mid-Year Meeting**  
**October 7-8, 2022**  
**Kansas City (Lee's Summit) - Missouri**



Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Chapter/State: \_\_\_\_\_

Email: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

How are you traveling?  Driving  Flying

Arrival Date/Time: \_\_\_\_\_

Flight Airline & # \_\_\_\_\_

Women of Today Information:  Member  First Timer  
 Guest  Board  Past President

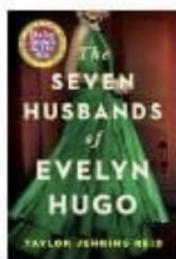
***FLYING:*** Fly into Kansas City International (MCI). Missouri Women of Today will pick you up and take you back to the airport, so no need to rent a car. Please fill in arrival date, time, airline and flight # above.

Check the event for which you wish to register	Advanced Registration	Late Registration	<b><u>HOTEL INFORMATION:</u></b> <b>ROOMS HELD UNTIL 9/30/2022</b> <b>Best Western Plus</b> 4825 NE Lakewood Way Lee's Summit, MO 64064 <b>816-795-6400 tell them Women of Today</b> Block of Rooms: 2 Queens \$105 + tax = approx. \$118 per night <i>Free breakfast, free parking, free internet.</i> <i>Rooms include refrigerator, microwave, Kuerig coffee.</i> <i>We will have a hospitality room with beverages and snacks</i>
<b>Full Registration</b>	<input type="checkbox"/> \$105.00	<input type="checkbox"/> \$115.00	
Friday Meetings/Forums	<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$10.00	
Friday Party	<input type="checkbox"/> \$25.00	<input type="checkbox"/> \$30.00	
All Day Saturday	<input type="checkbox"/> \$80.00	<input type="checkbox"/> \$90.00	
Saturday Luncheon	<input type="checkbox"/> \$35.00	<input type="checkbox"/> \$40.00	
Saturday Banquet	<input type="checkbox"/> \$40.00	<input type="checkbox"/> \$45.00	
Saturday Meetings/Forums	<input type="checkbox"/> \$10.00	<input type="checkbox"/> \$10.00	
<p style="text-align: center;"><b>Advanced registration must be postmarked by 9/15/2022</b></p> Make checks payable to: "Missouri Women of Today" Mail this form and check to: Nancy Asher, 28 Kellwood Dr, Kirksville, MO 63501 Email <a href="mailto:ashernanc4@gmail.com">ashernanc4@gmail.com</a> for questions about registration.			<b><u>MEETING VENUE INFORMATION:</u></b> <b>FOP#50 Lodge</b> 914 NW Main St Lee's Summit, MO 10-minute drive from hotel Transportation will be provided for those who fly in, no need to rent a car.

*Any registration refunds must be requested before 9/20, a \$5 cancellation fee will apply.*

**Please note any special dietary needs or allergies here:**

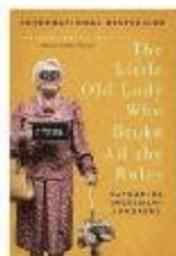
## STMA Women of Today Book Club



**The Seven Husbands of Evelyn Hugo by Taylor Jenkins Reid**

**June 22**

The Seven Husbands of Evelyn Hugo is a work of historical fiction by Taylor Jenkins Reid. The 2017 novel follows Monique, a journalist struggling to make a name for herself, after receiving an offer to interview the mysterious and reclusive 1960s Hollywood starlet Evelyn Hugo about fame, scandal, and love.



**The Little Old Lady Who Broke All the Rules by Catharina Ingelman-Sundberg**

**July 27**

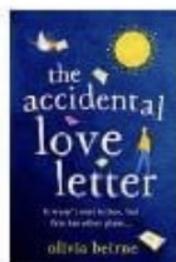
79-year-old Martha Anderson dreams of escaping her care home and robbing a bank. She has no intention of spending the rest of her days in an armchair and is determined to fund her way to a much more exciting life-style. Along with her four oldest friends - otherwise known as the League of Pensioners - Martha decides to rebel against all of the rules imposed upon them. Together, they cause an uproar with their antics: protesting against early bedtimes and plastic meals.



**Hidden Pictures by Jason Rekulak**

**August 22**

Fresh out of rehab, Mallory Quinn takes a job as a babysitter for Ted and Caroline Maxwell. She is to look after their five-year-old son, Teddy. Mallory immediately loves it. She has her own living space, goes out for nightly runs, and has the stability she craves. And she sincerely bonds with Teddy, a sweet, shy boy who is never without his sketchbook and pencil. His drawings are the usual fare: trees, rabbits, balloons. But one day, he draws something different: a man in a forest, dragging a woman's lifeless body.



**The Accidental Love Letter by Olivia Beirne**

**September 19**

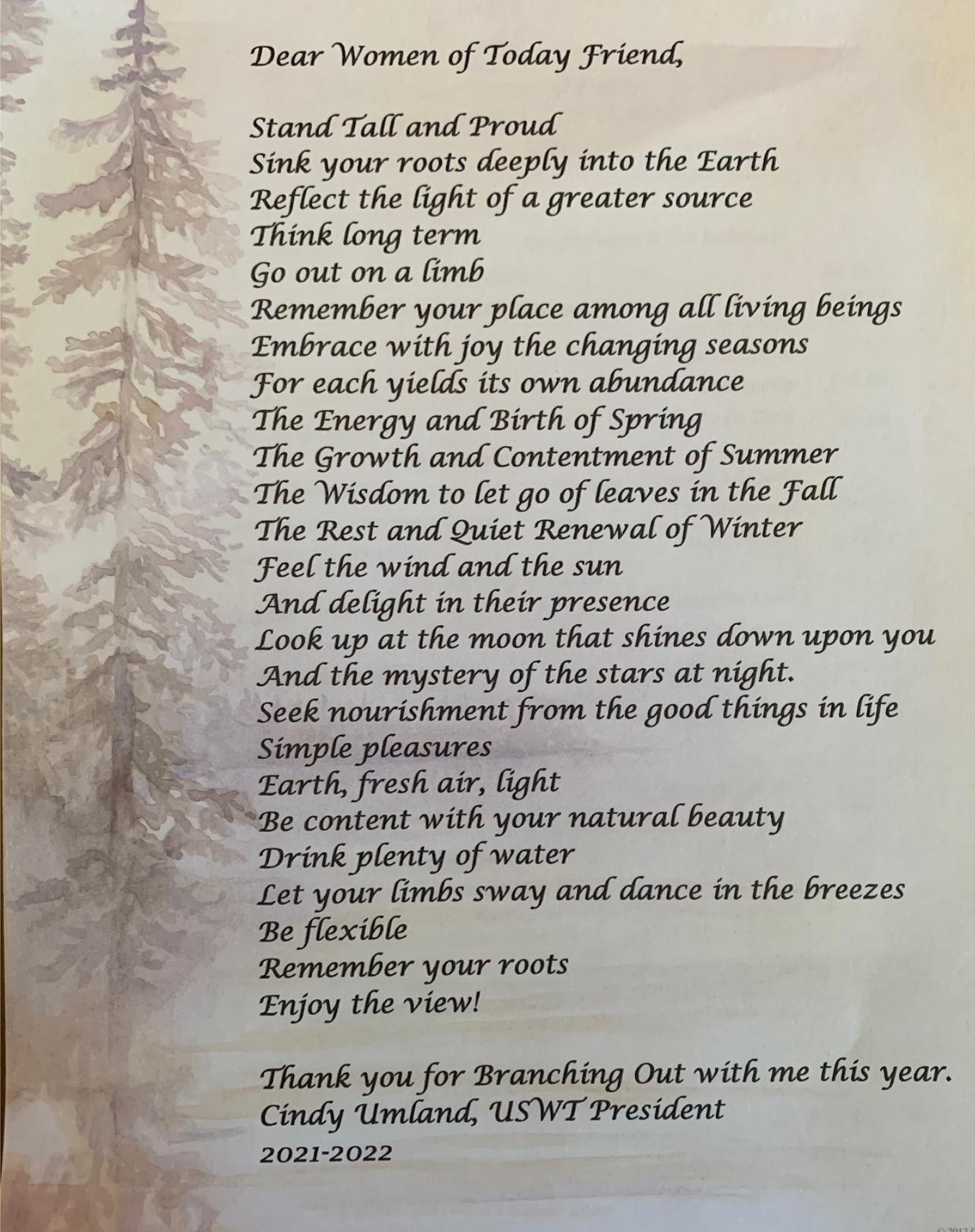
Would you open a love letter that wasn't meant for you? Bea used to feel confident, outgoing and fun, but she's not sure where that person went. Over the last few months, she's found herself becoming reclusive and withdrawn. And despite living with her two best friends, she's never felt lonelier. To make things worse, she's become so dependent on her daily routine, she's started to slip out of everyone else's. But when a mysterious battered envelope covered in stars lands on her doormat, Bea wonders if she could find the courage to open it. What's written inside might change everything...



**Tell Me the Truth by Matthew Farrell**

**October 17**

Eighteen-year-old Jenny Moore is looking forward to a fresh start at college. There's just one problem: the people in her life won't let her go. When Jenny is viciously stabbed and left for dead, it's her mother who finds Jenny's body underneath the pines outside their home in the upscale town of Lewisboro, New York. State police investigator Susan Adler and her consultant partner Liam Dwyer are called to investigate the crime scene, but they sense something's off right away. The clues contradict the story Jenny's parents keep telling, which makes the entire family suspects in Jenny's murder. But who did it?



*Dear Women of Today Friend,*

*Stand Tall and Proud*

*Sink your roots deeply into the Earth*

*Reflect the light of a greater source*

*Think long term*

*Go out on a limb*

*Remember your place among all living beings*

*Embrace with joy the changing seasons*

*For each yields its own abundance*

*The Energy and Birth of Spring*

*The Growth and Contentment of Summer*

*The Wisdom to let go of leaves in the Fall*

*The Rest and Quiet Renewal of Winter*

*Feel the wind and the sun*

*And delight in their presence*

*Look up at the moon that shines down upon you*

*And the mystery of the stars at night.*

*Seek nourishment from the good things in life*

*Simple pleasures*

*Earth, fresh air, light*

*Be content with your natural beauty*

*Drink plenty of water*

*Let your limbs sway and dance in the breezes*

*Be flexible*

*Remember your roots*

*Enjoy the view!*

*Thank you for Branching Out with me this year.*

*Cindy Umland, USWT President*

*2021-2022*



# Cribbage Tournament

**Hosted by: STMA Women of Today**

July 23rd, 2022

Albertville City Hall, Upstairs

10 am - 2 pm

(With a Break for lunch from 12:00-12:30)

Boxed lunches will be available, they need to be pre-ordered and paid for by July 10th. To register or for more information please email Lisabet at [lmichthomas@gmail.com](mailto:lmichthomas@gmail.com) or call Heather at 815-671-7125.

Need to learn how to play or has it been a while since you played?

Refresher/practice time:

June 16th, 10 am -1:30 pm, Caribou at Coburns

July 9th, 10 am -12 pm, Caribou at Coburns

**There will be a prize for 1st & 2nd places, and a random participant.**



If you don't like something, change it. If you can't change it, change your attitude. –  
Maya Angelou

## June 14th, 2022

Call to Order @ 7 pm

Pledge of Allegiance - Kathy Hansen

### Orders of the Day/Establish Quorum – Michelle

Members present - 16 - **Quorum Has been Established** - Cindy McCarty, Robin Johnson, Abbi Baker, Kathy Hansen, Chris Hall, Michele Skrypec, Sara Caron, Heather Pomeroy, Jan Cera, Becky Andreasen, Kris Goodin, Lisabet Thomas, Patti Weber, Lori Gourtemont and Lisa Haines

Guest - Jessie Orbeck - she got our info from the AFCD Booth!!

### MN Women of Today Creed - Kris Goodin

**We, the Women of Today, are Service, Growth, and Fellowship. We believe that through us great lessons can be learned, worthy deeds performed, and a hand of fellowship extended to millions of women everywhere. May we leave the world a better place because we lived and served within it.**

Event	Date	Location	Chair	Time
Flowers in the park	June 15	Four Seasons Albertville	Jan	@6:30pm
Book Club	June 22	Gretchen's house	Lori	6:30 pm
Cribbage Tournament	July 23	Albertville City Hall	Lisabet & Heather	

### President - Sherri Streff

New State Theme - Something Wonderful

We have a new State Pin - was handed out at the meeting. Contact Sherri to get yours.

### Treasurer – Sara

Treasurer Report

Should we move some money from Checking account to a Savings Account?

Possibly move the money we have collected for the Craft Show.

\$1875 in checks has been collected for Craft Show, Sara wants to wait until Robin checks PO Box to retrieve any other checks and then will confirm with Vendors.

Lisabet Thomas asked if we should have an Accountant to help us with handling our money.

Lori said that we follow the State rules and we don't have that much money to warrant having an Accountant.

Robin has an Accountant for her business and can ask any questions we may have.

Donation requests-None

**Secretary– Jan**

May Meeting Minutes

Any Changes or corrections/approval

Minutes Are Approved

Birthday(s) Becky 11, Sharon 3, Michelle 2

Sent out

**Parli – Michelle**

By laws and Policy Review

**State Delegate – Sandy**

National Convention in Duluth June 10-12 (Kathy, Sherri, Abbi, & Chris H)

Awards from National/state Conventions-Kathy

Here are the Awards we received:

#11 in Success - 21-22

94% Retention - 3rd Trimester 21-22

Early Bird - 3rd Trimester 21-22

85% Retention - Year End 21-22

Growth +1 - 3rd Trimester 21-22

Growth +1 - Year End 21-22

Kathy Hansen - Certificate of Excellence - Bronze Key - State Delegate 21-22

Kathy Hansen - Chapter President Award

**Membership– Chris B -On vacation**

1st trimester renewals

Chris Bacon, Jan Cera, Julie Davis, Kris Goodin, Chris Hall, Nicole Jockisch, Kimberly Kayler,  
Sharon Robinson, Michelle Skrypec, Sherri Streff, Lisabet Thomas, Sandi Winnen

**Ideas**

\*Scavenger hunt date TBD (Chris)

\*Cribbage tournament July 23 (Lisabet)

Motion: MSP - (Thomas/Gourtemont) “I move that we take \$100 from external miscellaneous to host a Cribbage Tournament on 7/23/22 - 10 am - 2 pm.

This amount will also cover 2 Practice Sessions at Caribou on June 18th and July 9th.

\*Movie in the Park? Need a chair-Sandy has the equipment

\*Coborn’s brat stand – no date yet-Sandy to follow up

\*St Michael Days and Nights - August 12 & 13

\*Hamel Rodeo - July 7-10

Kathy spoke to the Coordinator and they only had volunteer spots on Sunday. Kathy does not want to do this because it would involve heavy lifting. If anyone is interested - email Kathy and she will send the contact info for the coordinator so you can set up times to volunteer.

\*Road Cleanup-up - this is due to be done

## **Programming VP - Cindy McCarty**

### Here are our Open Positions:

Community Connections - Becky Andreasen is taking this

Women's Wellness - Lisabet Thomas is taking this

Youth of Today

Living & Learning

Priority Project

If you don't want to take on a position - you can still just do a project under any of the areas - contact Cindy if you have any questions.

### **Completed Events:**

Bike Rodeo held on 5/7/22 - Members - 1 Guests - 2 Service Hours - 7.5 hours

Making NICU Blankets held on May 11 - Members - 2 Guests - 10 Service Hours - 29.5

Book Club held on 5/25/22 - Members - 4 Guests - 0 Service Hours - 13 hours

### **Good and Welfare**

Kris Goodin's sister-in-law passed away last week - our thoughts are with you

Cindy McCarty's daughter just got her braces off - Congrats!

Heather Pomeroy's exchange student went home to Romania

Abbi Baker has a trip planned to visit her family in Hawaii - her uncle just passed so she be able to pay her respects - our thoughts are with you and your family

Our Guest - Jessie Orbeck just planned a trip for her and her 3 year old daughter to go to Disney!!

Chris Bacon is on a trip to Greece and had an accident with her hotel's revolving door - she got 4 stitches - Ouch!

Patti Weber is going to Pensacola, FL - her daughter is in a dance competition - Good Luck!

Kathy Hansen informed us that Sharon Robinson had a Heart attack - she will get more info on how she is doing and update us.

### **USWomen of Today Creed** - Cindy McCarty

**We, The United States Women of Today, are dedicated to serving our community and nation, are committed to strengthening our individual talents, and stand united by our friendship and belief in the future.**

Adjourn @ 8:11 pm