

NEWSLETTER OF THE

February 2018

Volume 9

www.stmawt.org

STMA Women of Today

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Welcome to our newest members Lucy & Crystal!



Certification Night at Lori's

NEVER GET TIRED OF
DOING LITTLE THINGS
FOR OTHERS.
SOMETIMES THOSE
LITTLE THINGS
OCCUPY THE
BIGGEST PART
OF THEIR
HEARTS.





Help Celebrate International Women's Day

On March 10, 2018, we are hosting a painting event for all kids in the area. We will have two or three different paintings for the kids to create. The event will be an open house for about two-three hours. The cost will be \$10 per child/painting.

In addition, we will provide information on creativity, ingenuity, achievements to promote equality for girls and boys.

I am looking for assistance on March 10 with setup, check-in, clean-up, and painting guidance (no experience necessary). The event is being held in the upper room at Albertville City Hall. Please let Bobbi know (952-412-0948 or b.fehrmann@gmail.com) if you can help for a couple hours between 9 and 1.



**Everyone
needs a
blanket
sometimes**

Fleece Blanket Making

Come help put together comfy, cozy blankets.

Saturday, January 20, 2018: Starting at 9am, there will be an open house until noon for everyone to come assist with the cutting and tying of the blankets. (No sewing or previous experience needed.) All blankets are being donated to Great River Family Promise.

The open house is at Bobbi's home: 10336 Kali Ave NE, Albertville.

If you have any questions, contact Bobbi at 952-412-0948 or b.fehrmann@gmail.com.

COME CELEBRATE INTERNATIONAL WOMEN'S DAY!

**WE INVITE ALL CHILDREN, GIRLS & BOYS,
TO DISCOVER THEIR CREATIVE SIDE.**



**COME PAINT A CANVAS
AND EXPLORE FUN
SCIENCE EXPERIMENTS.
THIS EVENT WILL ALSO
INCLUDE SEVERAL
EXHIBITS OF WOMEN
INSPIRED INNOVATIONS.**

**Saturday March 10, 2018 | 10 am - 12 pm
Located upstairs at the Albertville City Hall**



Hosted by the STMA Women of Today!



MN Women of Today Convention
Who was sent to jail? (below)



Congratulations to Lori, Abbie & Julie on your presidential pins
& Candi on your presidential medallion





STATE Delegate Corner – Carol Gore

Better Together

Winter State Convention was held in St Louis Park in January. Please see my report in the February General Meeting minutes to see all the great things our chapter has done in the second trimester.

Upcoming Area 2 3rd trimester meeting will be held on March 23 in Rice, MN. Hear what our State President has to say. If you would like to attend this meeting let me know. We will also hear from the State President and Treasurer candidates at that time. Cost is \$5 per person. Deadline to register is March 17th, so please contact me if you would like to attend. Dinner is at 6 with the meeting starting at 6:45.

The District 6 3rd trimester meeting will be on April 11th here in STMA. The District Directors chapter hosts this meeting. Theme is “Happy Spring”. Meeting will be at Albertville City Hall. Dinner at 6:30 meeting at 7.

Dinner: pre-registration \$6 – at the door \$7.
Just the meeting \$1.

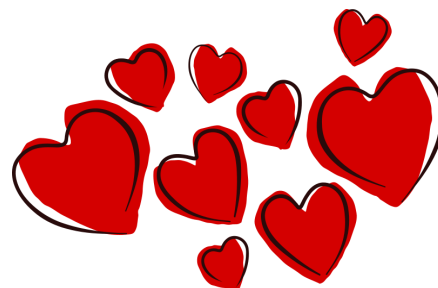
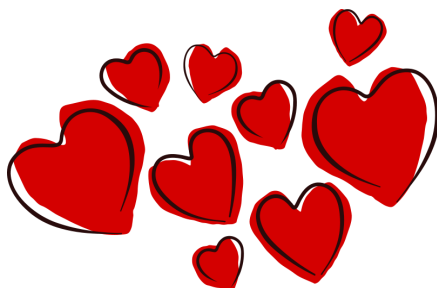
Salads and breads with punch for dinner and sweets for dessert. Please sign up to bring something for the dinner and/or sign up to attend.

Contact Carol Gore for registration.

MN WT Annual Convention – May 18-20 in Alexandria, MN. As I mentioned many families have gotten rooms during this time and then will you are busy at your meetings and banquets dad and the kids enjoy the water park. Let me know if you will be attending.

US WT year end convention is June 8-10 in Mankato. We will receive more information from our District Director, Kathy Hansen

Remember we are “BETTER TOGETHER”



Appendix A.

ST. MICHAEL – ALBERTVILLE WOMEN OF TODAY DONATION GUIDELINES

The following items are guidelines to be used when determining monetary request from our chapter. They are broken down in the following categories.

- I. Individuals: As an organization, it will be our policy not to grant donations on an individual basis.

Non-members not to exceed \$500.00

- II. Groups **not to exceed \$250.00**

- A. Sports **(\$200-\$250)**
(baseball, soccer, softball, basketball, volleyball, gymnastics, etc.)
- B. School Clubs/Organizations
(Marching Band, Business Club, Science Club, Choir, etc.)
- C. School sponsored events
Under individual consideration by the board.
(School speaker, retreats, etc.)
- D. Outside Clubs/Organizations **(\$25-\$250)**
(Boy Scouts, Girl Scouts, Explorers, 4-H etc.)
- E. Other Community Requests **(\$25-\$250)**
(Benefits, sponsorships, memorials, hardships, etc.)
For benefit donation requests, motion must be brought to the board by a STMA WT member.

- Every group/organization requesting monetary **means donation** is required to fill out the funding application and return to the treasurer. Upon receipt, the treasurer will review to see that it falls within our guideline. **and all requests must be to the treasurer no later than two days prior to the board meeting.** If so, then it will be brought up at the next board meeting and the group **will may** be contacted to have a representative at our next general meeting for a presentation, **question//answer etc.**
- If funding application does not fall within our guidelines, the current president will send an “I’m sorry...” letter to the group/organization.
- If the group/organization requests money that falls less than what our guidelines state, we will go with what the requested amount is.

These guidelines are set up as a recommendation, but **we STMA WT** reserve the right to review requests as received. **on an individual basis.**

Updated February 2018

Attached is the St. Michael Albertville WT Bylaws and the Donation guidelines with Proposed changes.

Vote will be at the March general meeting.

Any questions please contact the Bylaw Audit Committee, Nancy Thompson, Candi Testa, or Bobbi Fehrmann

MN WT Chapter Mailing

The February Chapter Mailing is available online but I wanted to make sure that each chapter had the link to catch up on what is happening in the programming areas as well as some educational opportunities.

Copy and paste the link below for more information:

http://mnwt.org/pdfs/newsletters/cm_february.pdf

MN Women of **Today** has partnered with **Flower Power Fundraising** for this season's fundraiser. Flower Power offers top-quality flower bulbs for our friends and family members to purchase. All orders ship directly to our customers' homes and come with a 100% money-back guarantee. And the best part, we get to keep 50% of every dollar sold! Participating chapters will receive 20% of the profit from their sales.

Automatically invite friends and family members to buy from our fundraiser by copy & paste using **password STMA**

<http://go.sparkpostmail.com/f/a/ZPW87pIftYcZVDDDB0IKjjw~~/AACskAA~/RgRcR4uyP0RLaHR0cHM6Ly93d3cuZmxvd2VycG93ZXJmdW5kcmFpc2luZy5jb20vcGFzc3dvcmQtc2VsZWNO2NpZD0yNTY3OCZ1aWQ9Mzg2NTQwVwNzcGNyBAAAAABCCgAFsgZIWt6Hzdc~> to set up your personalized landing page. Once you have completed your landing page you will also be able to share it on Facebook with your friends and family.

St. Michael-Albertville Women of Today
February General Membership Meeting
Financial Security Bank
February 13, 2018

Call to Order at 7:01 pm

Members in attendance: Lori, Nancy, Sherri, Abbi, Bobbi, Candi, Michelle, Kris, Jill, Julie, Joanna, Debbie, Kathy H., Lisa, Carol, Jackie, Angela Pufahl, Nicole, Linda

MN Women of Today Creed: Led by Joanna Bolduc

Pledge of Allegiance: Led by Angela Pufahl

Orders of the Day/Establish Quorum – Nancy T. A Quorum has been established with 19 members present.

Welcome Guests - Crystal Willis and Lucy Kanu (installing new members)

Completed Acts of Kindness:

1/14 Holiday Party – Jill. Number of members attending – 24. Service Hours: 4 hours. Money spent: \$258.32. At River Inn in Hanover – white elephant give exchange, ornament exchange; prizes for trivia; pizzas. Good social time with everyone.

Women's Wellness

2/1 Certification Night – Lori G. LPM Area: Living & Learning. 11 members attended. 24 Service hours. No money spent. Completed forms: 7 – Living and Learning. 9 – Personal Development. 10 – Health & Wellness. 2 – Step 1. Total certifications completed that night - 28.

Community Connections

1/20/18 Blanket making for Great River Family Promise – Bobbi. A total of 21 ½ Service hours including the 1/17/18 time spent buying the fleece. Ten members helped. Budget of \$250 and 18 blankets were made.

2/1/18 Senior Citizen Bingo – Candi. Five members attended. Total spent \$297.56. Total of 9 Service hours. Fourteen seniors attended.

Secretary – Michelle

January general meeting minutes were approved without corrections.

Happy birthdays for February: Cheryl 2/6, Bobbi 2/10, Angela P 2/14, Kathy & Dedi, 2/22, Lori 2/24

State Delegate – Carol

Winter State convention wrap up

Winter State Convention Awards:

Certifications: 75% Retention, Growth, Galaxy Award for 10 new members in the 2nd trimester, and the Ruby Red Starburst for new members.

SUCCESS – 5th place out of 20.

Presidential Pins: Abbi Baker, Julie Davis and Lori Goutermont

Presidential Medallion: Candi Testa

Jill won \$100 from the raffle.

As part of District 6 we were recognized for:

Highest District Growth

District Excitement

Three chapters from District 6 were in the top five chapters for SUCCESS

District Director Medallion: Kathy Hansen

Congratulations to those who received Presidential Pins and the Medallions – There are Only so many of these given out, and they were well earned and deserved!!

Tri #3 area 2 meeting – Our chapter is part of the Area 2 in MN. The 3rd trimester meeting will be on March 23 in Rice. Dinner at 6 with meeting starting at 6:45. Flyer and sign-up sheet are being passed around. Let Carol know if you will be attending.

Tri #3 District 6 meeting – The District 3rd trimester meeting will be on April 11th here in STMA. The District Directors chapter hosts this meeting. Theme is “Happy Spring” Meeting will be at Albertville City Hall. Dinner at 6:30, meeting at 7:00. If attending dinner and meeting: pre-registration \$6 – at the door \$7. Just the meeting - \$1.

Cold pasta salads and breads with punch for dinner and sweets for dessert. Please sign up to bring something for the dinner and/or sign up to attend. Carol has sign-up sheet for who can help set up, clean up, or what to bring for food, etc.

LOTS (Local Officers Training Session) – LOTS is May 5 in Rice (deadline to sign up is 4/23). If you are planning on being a board member for next year, mark your calendar for May 5 LOTS training in Rick, MN.

MN WT Annual Convention – May 18-20 in Alexandria, MN. Carol has passed around a flyer to view and will also be in the February newsletter.

US WT year-end convention – June 8-10 in Mankato. We will receive more information from our District Director, Kathy Hansen.

Past President – Nancy

Bylaw & Policy – proposed changes – Nancy had copies of the bylaws and policies at the meeting with recommended changes typed in red. Nancy went over these changes during the meeting. Members will vote on these proposed changes at the March meeting.

2018/2019 board positions – Nancy went over how it was discussed at board meeting to have some board positions holding 2-year term, and others can have 1 year term. Board members will decide what they would like to do. These terms will rotate. There will be time at the March meeting to discuss the positions and nominate members, or members can sign up for a board position. Copies explaining a description of each position and the duties were available.

Those positions already signed up for 2018/2019: President: Carol Gore; Membership: Julie Davis; Treasurer: Lori Goutermont; Sherri Streff – PR; open positions are: State Delegate, Programming VP – Internal and External (2 people can work together on this if want to); and Secretary. Also LPM positions.

Treasurer – Lori

Financial Report: Checking: \$3,108.76 Savings: \$17,111.47 Total Checking & Savings: \$20,220.23

Year End Donations proposed:

Crow River Senior Center - \$250.00

Great River Regional Library - \$250.00

Rivers of Hope - \$250.00

Kindred Family Focus-Crisis Nursery - \$250.00

Albertville Fire Department – \$400.00

St. Michael Fire Department - \$400.00

Hanover Food Shelf – \$400.00

TOTAL YEAR-END DONATIONS: \$2,200.00

Donation Requests/Motions:

M/S/P Kris/Nancy/Passed to take \$250.00 from external miscellaneous to donate to the Potato Head Project.

M/S/P Julie D/Lori G/Passed to take \$250.00 from external miscellaneous to Maple Grove NICU Unit - to buy material to make blankets.

M/S/P Carol G/Julie D/Passed to take \$225.00 from internal miscellaneous to use for the District 6 meeting being held/hosted by STMA WT.

M/S/P/Lori G/Nancy T/Passed to take \$98.31 from internal miscellaneous to move to chapter manual, brochures, and copies budget.

MN WT Tri #3 fundraiser: Flower Power, amazon smile

Food Perspectives – Fundraising done by doing food tasting at Food Perspectives in Plymouth. If you sign up to do this you get paid, and also money goes towards organizations. Go to www.fpitesters.com, for more information.

Membership VP – Julie

Socials: March 7th Out & About Night- wear WT apparel, go to dinner and a movie

Coffee Social – February 17, 9:00 am, at Caribou in Coburn's – Bobbi will host

Membership events: Shine weeks: February 11-17, March 18-24; Julie's ideas for M-events: game night; Love That Olive; Chocolate & Wine night; Bingo night somewhere (Debbie said she might chair this)

Member survey coming

3rd Tri Renewals – 13 renewals, and 1 not renewing

Member orientation – Julie will send out a notice when this will be held. We have 4 new members, with 2 here to-night – Lucy and Crystal

Internal & External VP – Susie

Certifications: Step I-IV, Health & Wellness, Personal Development, Living & Learning

3/10 International Women's Day event – Bobbi: For kids to come and will pay \$5.00 to paint on a canvas. Have tables/posters with organizations that empower women/girls – and boys, too. Sign-up sheet is going around for members to help with this event. At Albertville City Hall. Proceeds will go to Breaking Free.

Volunteer recognition week – April 15-21: Discussion on ideas and on what day during this week to do this.

4/28 Just Drive – Bobbi: This is the 2nd year we will be doing this working with Wright County. To bring awareness to just drive with no distractions, safety. Saturday, 4/28 at 9:00 am. Want to have vendors and crafts for kids to do this year. In parking lot by fire department – same place as last year. Sign-up sheet going around.

Senior High Scholarships – Julie, Sherri: Julie mentioned will be doing this in April. Four scholarships will be given out – \$500.00 each.

4/28: This date is also the March of Dimes Walk at Mall of America –Lucy mentioned this and is very involved with this.

Albertville Friendly City Days – June 6-10 – Susie/Sherri will be chairing. Plan to have a float in parade hopefully. Also a tent/booth for a kids' project.

CC – True Friends wish list – (Previously was Camp Friendship) – will have list of items to collect and give for this; and bring at May meeting.

Newsletter – Kris

Kris needs articles by Sunday, 2/18 for newsletter to be out by 2/23

President – Candi

Year End Banquet – At Liberty in St. Michael, April 24th social/eat 6 pm, agenda starts at 7 pm. Chapter gives each member \$10.00.

Installation of new members - Crystal Willis and Lucy Kanu

GOOD & WELFARE:

Thank you for the snacks! Joanna stated that she will be starting a baking business from home! Carol said she found out she has another half-brother! Debbie has a torn shoulder, going to PT, but found out more help for her food allergies. Abbi & Sherri – starting to learn to speak French ?

US Women of Today creed: Led by Nancy Thompson

Adjourned at 8:37 pm

Michelle Skrypec, Secretary

True Friends Wish List

True Friends' camps include Camp Courage and Camp Friendship. Programs include traditional summer and winter camps as well as year-round options in therapeutic horseback riding, travel, team building, respite, rope courses and zip lines. Many campers need financial help, so scholarships also make a huge impact.

Bring your items to annual convention.

Board games	Scissors	Digital cameras
Travel size games	Clay	SD cards for cameras
Playing cards	Glitter	CDs
Card games	Stamps/ink pads	Blank CDs/DVDs
100 or less puzzles	Felt	Flash Drives
Nerf/soft toys	Foam pieces/peel-off stickers	Non-latex disposable gloves
Lawn games	Poster paper	Hand Sanitizer
Fishing rods/closed reels, including ice fishing	Gift Cards—Target, Wal-Mart, K-Mart	Antibiotic ointment
Pool/beach toys	I-Tune gift cards	Anti-itch cream/hydrocortisone
Kick boards	Name tags	Benadryl
Bike helmets--Youth & adult	Postage stamps	Batteries (AAA, AA, C, D, misc. hearing aid)
Nail polish/remover	Scotch/packing tape	Lysol wipes
cotton balls, emery boards, nail clippers	Masking tape 1"	Tylenol/Ibuprofen
Basketballs/footballs	Post-it Notes	Baby Wipes—flushable only
Soccer/Volleyballs	Memo pads	Band-aids—all sizes
Kick balls	Pocket folders	Insect Repellent
Construction paper	Dry erase markers	Sun Screen—high #
Markers	Highlighters	Liquid Antibacterial soap
Crayons/colored pencils	Copy paper—white 8 ½ X 11 or 8 ½ X 14	
Tempera/water color paint	Color Copy paper	
Fabric paint	Contact paper	
Paint brushes	Heavy duty 3-hole punch	
Beads & jewelry making items	Blue/black medium point pens	
Large jugs of bubbles	Sharpie markers (fine-point black)	
Glue/glue sticks	3-ring notebooks (3" wide)	
Plaster of Paris	Flashlights & batteries	

Bring your items to the STMA chapter general meetings before convention in May for delivery at annual convention.

Earn money for yourself *AND* our organization!

FPI Testers by Food Perspectives is a consumer testing company based here in the Twin Cities. They have an effective and easy fundraising opportunity for local non-profits like ours. Kids and adults who are signed up to test with FPI can designate a fundraising organization and choose to give a portion (\$10) of their participation payment or ALL of their participation payment to that organization. So simple and a lot of fun!

Signing up is easy! – Just go to www.fpitesters.com and click “JOIN” and complete the sign up form.

Make sure to pick STMA Women of Today as your fundraising organization and choose how much you wish to give. Once you are signed up, you may also sign up your kids. Kids receive participation payments and can fundraise too! (FPI never contacts kids directly. All recruiting and scheduling is done through the parent.)

Being a taste tester is fun! You get to try new products and share your opinions. FPI will contact you by email when a test becomes available. For each potential test, you’ll answer some questions online about your shopping habits. If you qualify for a test, you will then be scheduled for a specific date and time session. Driving directions will be provided and FPI provides a customer care line. Find out more about the testing experience at

www.fpitesters.com

JOIN at www.fpitesters.com

CHOOSE STMA Women of Today
as your fundraising organization

TEST

EARN \$ for yourself *and* our organization



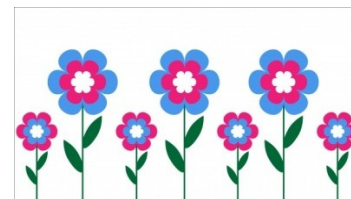
FPI primarily tests food products.

Those with food allergies will not have many opportunities to test.

Customer Care: 763-354-2776 Monday – Friday 9am – 9pm and Saturday 9am – 5pm



HAPPY SPRING



April Showers Bring May Flowers

District 6 third trimester meeting
Wednesday, April 11 6:30 – 9:00
Albertville City Hall

Please join the STMA WT chapter in celebrating a fun year with our District Director.

Registration begins at 6:15

Dinner/Social hour 6:30-7:00

Meeting starts at 7:00 pm

Cost:

Preregistration \$6 for dinner and meeting - \$7 for dinner and meeting at the door.

Meeting only - \$1.

Contact Carol Gore at gorecarol@gmail.com no later than Friday, April 5th for preregistration. Make checks payable to STMA WT.

Enjoy great cold pasta salads and fresh salads, breads and a springtime punch. Dessert as well.



Just Drive Event Committee

I am looking for members to help me put together the Just Drive event, April 28. I will need assistance with creating ideas and then finding vendors, attaining prizes, advertising, and putting together any other crazy events we can create. If you are interested in helping or just finding out more, please contact Bobbi at 952-412-0948 or b.fehrmann@gmail.com

Chapter



Carol – Thanks for taking the minutes for the beginning of the February general meeting, until I got there! I appreciate it! – Michelle

Winter State Convention was fun! Glad I could be there even if it was just for **Saturday**! The yoga/mediation class was super!! Michelle

Congrats to all those who won Presidential Pins, and Medallions at Winter State – great job everyone!! STMA rocks! – Michelle

Abbie, Julie & Lori– Congrats on your presidential pins. You are all very deserving! Kris

Candi– Congratulations on your presidential medallion. Way to lead our chapter! Kris

Rum Cream from Carol Gore

Ingredients:

- 1 can (14 oz) sweetened condensed milk
- 1 cup rum
- 1 cup Half & Half (or heavy cream)
- 2 Tbsp chocolate syrup
- 4 Tsp brewed coffee
- ½ tsp ground cinnamon
- ½ tsp vanilla extract
- ¼ tsp coconut extract

Directions:

Combine all ingredients in a blender and whirl at high speed for a few minutes until blended and smooth. Serve over ice immediately or store in tightly covered container in refrigerator for up to two weeks. Stir before serving.